

Housing Security Alternative Break

Informational Video

UConn

STUDENT ACTIVITIES
COMMUNITY OUTREACH



Introduction

Name: Neil Komma

Year: Senior

Major: MCB

Fun fact: I like to use my 3D Printer



Goal of Program

Goal:

- Deeper understanding of the complexities and challenges associated with housing insecurity
- Engage in service, education, and reflection to provide a transformative experience that empowers participants to contribute to the community and advocate for addressing housing insecurity
- Educate how various factors impact housing security and how participants can address these factors

Participants:

10 participants, 1 Student Program Director, 1 staff member from UConn Community Outreach



Past Community Partners

Mobile Ministries: Participants assisted in making sandwiches, packaging food, and loading items onto trucks at one site, while at the other site, they distributed food, clothes, and toiletries to members of the community.



MOBILE Ministries
Serving the needs of many

Gifts to Give: Participants sorted donated clothing items to ensure they were ready to be distributed to members of the community.



(These are examples from previous years, might change this year)

Quick Information

Location: New Bedford, Massachusetts

Date: April 11 - 13th, 2025

Cost to attend program: \$40

- Cost covers: Food, Housing, Transportation

Things to know before applying:

- This is not a vacation. Although this takes place on a weekend, this is a serious service-learning experience intended to support students in their journey of social justice advocacy and education
- We will be staying at a church and sleeping on the floor as part of full immersion

If accommodations are needed, financial or other, please reach out to uconn.co.altbreaks@gmail.com

Ethical Service

- Treat all individuals and communities with respect, acknowledging their inherent worth and rights
- Be aware of and respect the cultural, social, and economic contexts of the community
- Do not use service activities for personal gain, such as self-promotion or the fulfillment of unrelated goals
- Approach service with humility, recognizing that you are there to learn as much as to serve



9 Components of Alternative Breaks

1. Strong Engagement
2. Strong Immersion
3. Equity
4. Identity Consciousness
5. Orientation
6. Training
7. Education
8. Reflection
9. Reorientation



Example of Schedule for a Day

Wake up: 7:00 AM

Eat Breakfast: 7:45 AM

Drive to First Community Partner: 8:45 AM

Activity with Community Partner: 9:30 AM - 12 PM

Eat Lunch: 1:00 PM

Activity with Second Community Partner: 1:30 - 5 PM

Cook and Eat Dinner: 5- 6:45 PM

Reflection: 7 - 8 PM

Sleep: 11 PM

Apply Here!

Thank you for watching this Informational Video! Use this QR code to apply.

