

MARCH
16-22,
2025

From the Office of Community Outreach:

Racial Justice Alternative Break in Washington, DC

Spring Program Information Session

ABOUT THE Program Director

Name: Foluke Akinkunmi

Year: Senior

Major: Political Science with Minors in Africana Studies and Human Rights

Contact info: uconn.co.racialjustice@gmail.com

Fun fact: I am very passionate about social justice advocacy and am involved in many organizations such as the AACC, BSOUL and NAACP. Also this is my second year leading this program and I am looking forward to being able to do even more service!





What is Alternative Breaks?

A SERVICE-LEARNING OPPORTUNITY DESIGNED TO PROVIDE YOU WITH UNIQUE EXPERIENCES TO HEIGHTEN YOUR AWARENESS OF CRITICAL SOCIAL ISSUES, ENHANCE INDIVIDUAL GROWTH, GIVE YOU THE CHANCE TO BE IMMERSED IN A NEW COMMUNITY AND PREPARE YOU FOR LIFELONG SOCIAL ACTION

The Nine Core Components

1. STRONG ENGAGEMENT

2. FULL IMMERSION

3. IDENTITY-CONSCIOUSNESS

4. EQUITY

5. EDUCATION

6. ORIENTATION

7. TRAINING

8. REFLECTION

9. REORIENTATION



Program Goals

1

UNPACK THE RACIAL INEQUITIES AND EXCLUSIONARY PRACTICES

2

APPRECIATE THE THE BEAUTY WITHIN THE AAPI, AFRICAN AMERICAN, LATINE AND INDIGENOUS COMMUNITIES IN THE US

3

BETTER UNDERSTAND THE INJUSTICES WITHIN THE AAPI, AFRICAN AMERICAN, LATINE AND INDIGENOUS COMMUNITIES IN THE US

4

FIND THE ACTIVIST WITHIN OURSELVES AND MAKE LONG LASTING CHANGES IN OUR COMMUNITY



Program Logistics

- ✦ Participant Cost: \$180 for UConn Storrs undergrads. Thank you USG Storrs for your funding support.
- ✦ Regional Campus students are welcome to apply. Please reach out to Coordinator: carl.soares@uconn.edu about cost for regional campus students
- ✦ Transportation, Housing, and Food are provided
- ✦ 6 Mandatory Pre Program Meetings
- ✦ 12-18 Participants Overall

Last Year's Schedule

MON



- Empower DC

Learned from activist Ms. Sabrena and took a tour of Ivy City (one of the oldest historically Black communities in DC) to understand the impact of environmental racism and gentrification

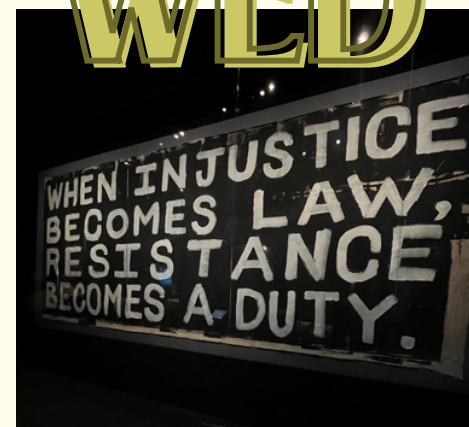
TUES



- American Indian Society of DC
- National Museum of the American Indian

Learned about this history of Afro Indigenous people in the US and continuous battles with land rights and tribe recognition and finished our day together by being gifted a song by AISDC

WED



- Shaw Community Center
- National Museum of African American History and Culture

Learned more about African Americans impact on culture in the US in the museum and helped young students with homework at the community center

THURS



- US Capitol
- APIA Vote

Took a tour of the US Capitol and learned more about the importance of voting and eliminating the language barriers that prevent many minority groups from voting

FRI



- Ayuda
- Smithsonian National Museum of American History

Learned about the importance of supporting minority communities by providing them with language, legal and social services that allow peoples at risk to emancipate themselves and helped make bags of canned goods with bilingual handwritten notes inside.



WHAT ALT- BREAK Is

- An opportunity to learn from various organizations doing powerful service work
- An educational experience
- Very fast and “on-the-go” as well as subject to schedule change
- A week where we will be doing chores and cooking together
- Drugs and alcohol free



WHAT ALT- BREAK Is not

- Vacation
- Free time to wander DC alone
- “Voluntourism” without learning



Thank

You!

