



Groton, CT – Environmental Conservation Alternative Break

November 6th–8th



USG Storrs Funding Supports Alt Breaks

Community Outreach and Alternative Breaks

Community Outreach's mission is to enrich learning at the University of Connecticut through preparing students to be active community collaborators by engaging them in service activities that enhance the quality of life for both others and themselves.

Alternative Breaks, a subsection of CO, are service-learning experiences supporting alongside the community. Alternative Breaks are designed to heighten participants' awareness of social issues, grow as individuals, and prepare them for lifelong community collaborators. The program provides students the opportunities to meet new people, learn new things, and live simply in community off-campus.

8 Components of Alt. Breaks

1. Direct Engagement

2. Full Immersion

3. Positive Impact

4. Orientation

5. Education

6. Training

7. Reflection

8. Reorientation



LOGISTICS

- **Program Goal:** During this weekend service-learning program we will learn about and address pressing environmental issues. Service will include hands-on activities such as beach clean-ups, removing invasive species and caring for native eco-systems.
- **Dates:** November 6th-8th
- **Participants:** 18 Participants, 1 SPD, 1 Team Leader and 1 Learning Partner
- **Transportation:** We will be traveling to the location via UConn-provided transportation. Participants who meet specific eligibility criteria will be encouraged to volunteer as drivers to support the team.
- **Housing:** We will be staying at Project Oceanology. Beds are provided for all participants and we'll have access to a large dining room to enjoy meals together throughout our stay.

IMPORTANT NOTE

This program is NOT a vacation. It is a program for service and education.

Financial Information

Storrs Undergrad Cost: \$40

Additional financial support may be available for Storrs Undergrads and Avery-Point Campus students after acceptance to the program

What is covered: Transportation, Food, Housing.

What is **NOT** covered: Any personal expenses during the program

***Regional Campus students should reach out to uconn.co.altbreaks@gmail.com for costs**



Example Daily Schedule

- 8 AM - BREAKFAST
- 9 AM - LEAVE PROJECT O
- 9:30 TO 11:30 AM - WORK ON INVASIVE SPECIES REMOVAL
- 12:00 TO 1 PM - LUNCH
- 1 TO 4 PM – SERVICE
- 4:30 PM – RETURN TO PROJECT O
- 4:30 TO 6 PM – FREE TIME
- 6 PM- DINNER
- 7PM – REFLECTION
- 8 TO 10 PM – FREE TIME
- 10 PM – SLEEP



***THIS SCHEDULE IS A SAMPLE AND MAY BE SUBJECT TO CHANGE.**

Other Components

Pre-Alt Break Meetings: Participants will attend 4-5 pre-program meetings, providing an opportunity to connect with each other, gain a deeper understanding of the program's objectives, and adequately prepare for the upcoming service activities. These meetings are mandatory as we will go over materials that are important for safety, preparation, and learning about expectations.

Re-Orientation: Following the program, all participants will be invited to take part in a dedicated service day. This event offers a valuable opportunity to reconnect with fellow participants, apply the skills and knowledge gained during the program, and demonstrate an ongoing commitment to community service.



FAQs

- **What does participant cost cover?**

Transportation, housing and food is including in participant cost.

- **Dietary restrictions?**

All dietary restrictions wil be considered and accommodated.

Thank You

If you have any questions about this program,
please reach out to Damonique at
uconn.co.groton@gmail.com

